



## **Alan Rowland – Testimony**

I have known Alan Rowland for 7 years, originally during his research work with Northern Birmingham Mental Health Trust, and since as a project worker for EU Leonardo funding programmes, as well as a regular lecturer at Birmingham City University.

Alan has been involved in two EU Leonardo programmes, the most recent Ex-In project where he was subcontracted to deliver two original pieces of work; a training aid called 'The Game' and a 4 day training module 'Comprehensive Assessment' for people working with individuals in crisis. During this period Alan developed the first set of 25 Emocards. These items were delivered on time to a high standard and met with EU evaluation criteria.

Alan is now a regular Visiting Lecturer to the Faculty of Health, teaching professionals on various mental health programmes at Birmingham City University. Alan has also been involved in module and programme development, and is also an associate of the Centre for Community Mental Health.

Alan has three particular strengths that make him both an ideal member of a team as well as an independent project worker and trainer:

- Alan has excellent interpersonal skills, partly from his genuine interest in people and their experiences in life, and also from running a visual communications business where success was dependent on being customer led.
- He is imaginative in identifying solutions to problems, and also attentive to detail, so that any work produced is of the highest standard, and always developed in collaboration with project partners and commissioners.
- Alan is an excellent communicator, and has demonstrated this in a wide range of settings, from working with small and medium size 'classroom' groups, to presentations to large audiences.

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